Behavioral Addiction
Screening, Assessment, and Treatment

By An-Pyng Sun, PhD; Larry Ashley, EdS; and Lesley Dickson, MD

A Reference Manual that Examines, Defines, and Presents a Compelling Discussion of Behavioral Addiction

Compulsive gambling, sexual compulsivity, eating disorders from anorexia to bulimia and binge eating, problematic Internet use, and more affect millions of Americans and their families. Behavioral addiction is every bit as much a real, treatable brain disease as the manifestations of addiction with which we are more familiar—addiction to alcohol and other drugs.

The science of addiction and its screening and treatment are examined in a collaborative effort by three expert researchers and educators. Written in scientific prose that can also be understood by the layperson, Behavioral Addiction is a must-read for those working in the addiction field, as well as those interested in learning more about this devastating disease.

Key Features

• First book to specifically address impulsive/compulsive behaviors in the context of addiction studies.

• Each disorder is defined in detail with respect to prevalence, consequences, theories, risk factors, screening, and treatment.

About the Authors

An-Pyng Sun, PhD is a professor of social work at the University of Nevada, Las Vegas, where her lectures and research include the treatment of addiction issues in child welfare, multicultural practice, and social work research methods.

Larry Ashley, EdS, LCADC, CPGC is the addictions specialist/mental health coordinator and clinical associate professor in addiction medicine at the University of Nevada, Las Vegas department of Educational and Clinical Studies. He is also director of the Problem Gambling Treatment Program.

Lesley Dickson, MD, FAPM is ABPN board-certified in general psychiatry, addiction psychiatry, and psychosomatic illness. She is the Las Vegas medical director for the Center for Behavioral Health that operates opiate substitution programs in Las Vegas and several other states.